



Holy Family School Newsletter

Issue 14 · 15 Oct 2020

In this issue



From the Principal's Desk Mrs Julie ...



ICON Integrated Catholic Online Net...



From the REC



AWARD WINNERS



Resilience Project Eithne King



Ritchies Communnity Benefit Program



Library News



Community News



Minds that Matter



From the Principal's Desk Mrs Julie David



Dear Families,

The day finally arrived! On Monday 12th October we welcomed all of our students back to onsite learning. It was a privilege to be on 'Kiss and Drop' duty on Monday morning as I got to see the biggest smiles on the faces of parents and students.

During the morning I visited each classroom to welcome everyone back. There was a real buzz of excitement in these spaces. Our teachers and students were engaging in conversations and activities to rebuild connections with each other.

I believe our staff, parents and students are fabulous examples of being resilient in these difficult times.

- Our parents have been supportive of our teachers and their children during remote learning while also continuing to work from home
- Our teachers have had to quickly adapt to a new way of teaching and communicating with parents and students
- Our students have continued to learn with the support of the teachers and parents

Our school staff are focusing on the wellbeing of your children this week. It has been a long time since they had to work and play at school for a full day. Your children will be experiencing many emotions this week - some positive and some not so positive. They will also be very tired!

PREP 2021

Term 4 is always a special term - we welcome new families and students through our 'Prep Transition' program. This program will look different this year due to State Government restrictions.

- 2021 Prep Parent Information evening (held remotely) Wednesday 21st October 6pm

We will continue to keep you informed as new government announcements are made.

Year 6 2021 Tops

All Year 5 students need to order their Year 6 tops by tomorrow (16th October). Please refer to the attached information to place your order.



Holy Family PS Flyer 2021 (1).pdf

School Photos

We had booked to have our 2020 school photos to be taken on 4th November but at the moment this will not go ahead. Our booking still stands but we just have to wait to see if restrictions change.

Footy Colours Day

All children are invited to come to school on Thursday 22nd October dressed in 'footy colours' to celebrate the AFL Grand Final.

COVID 19 Restrictions

Schools have been informed not to use air conditioners or heaters to prevent the spreading of germs. Teachers will ensure that windows and doors are open to provide air circulation in all learning spaces.

Parents and Friends Meeting

Our Parents and Friends will meet remotely on Tuesday 20th October at 7pm.

Masterplan

On Tuesday I interviewed three architect companies to select one of these companies to develop a masterplan for our school for the next 10 years.

Catholic schools need to have a masterplan before we can apply for a grant to support building projects.

Once I have selected an architect the community will be invited to provide input into our masterplan.

Kid's Cafe

Just a reminder that Kid's Cafe will remain closed until further notice.

Term 4 School Closure Days

Please note the following dates in your diary -

- Friday 23rd October (Public Holiday - Thank You Day)
- Monday 2nd November (Report Preparation)
- Tuesday 3rd November (Public Holiday - Melbourne Cup)
- Friday 27th November (2021 Planning Day)

Possible 2021 Student Retention

This year has been challenging for our students, teachers and parents with remote learning. I am aware that some parents may be wondering if their child is prepared well enough to move up to the next year level in 2021.

I received correspondence on Tuesday night stating that schools will be able to access extra support (tutors) for students who may have gaps in their learning.

Please be assured that our teachers will carry out assessments and moderation for Maths, English, Writing, Spelling and Religious Education in the coming weeks. These assessments will highlight the gaps in learning that may have occurred for each student and provide direction for teaching in 2021.

I have attached a letter regarding the impact of retention on student learning and wellbeing.



Student Retention.docx

2021 Planning and Class Placement

We are beginning to look at class sizes and structures for 2021. Please notify the office if your child will not be returning to Holy Family in 2021.

Please email me principal@hfmw.catholic.edu.au if you have any requests for placement in 2021 and these will be taken into consideration. I ask that you respect the professionalism of

all of our teaching staff and do not make specific requests for certain teachers. Teaching staff are yet to be allocated for 2021 and may not be in the same level next year.

Wishing everyone a wonderful weekend,
Julie David (Principal)



From the REC

What we would all give to receive an invitation to a wedding, birthday or celebration that we knew we could attend right now! It seems that Covid has completely changed the way we do and celebrate everything and there have been a whirlwind of lessons along the way. This week's Gospel invites us to the wedding feast and all welcome. But what does that mean for us right now in lockdown? What invitations are we still receiving in our day to day life?

This week as a community, we invited and welcomed back students to school, finally reunited after 15 weeks apart. We created routines and structures to celebrate learning within the classroom in new Covid safe ways. At assembly on Monday we invited students to take up our weekly value challenge to find Joy in your days and extended that invitation to families via social media. In the classroom I witnessed invitations to share ideas, or to join games. All of these examples show that we are still encouraged in many ways to accept small

invitations with grace and joy in our new way of life.

Weeks ago I made a decision to accept an invitation from Fr. Pearce to join a 10 week Sunday morning zoom course on 'Jesus, the way, the truth and the life'. I would be lying if I said it was a decision made with no reservations. I worried I would look silly. I worried I wouldn't understand the content covered. I worried I would have to answer questions I didn't know the answer to. All very relevant worries I think, when I am the Religious Education Leader of our school and part of our Parish Leadership team. What I found though, after just one session was a zest to come back next week and learn more, a stronger connection with others in our parish community who also said YES to the invitation and a sense of Joy that came from learning more about Jesus' unfailing love for us. On Sunday we had our last session and there were both emotions of joy and sadness. I wasn't ready to say goodbye.

But as people say, when one door closes, another opens, and so I therefore extend an invitation, on behalf of Fr. Pearce and our parish family, to join us this week as we begin a new Zoom journey. One which focuses on the life of Mary and our devotion to her as Catholics. As we journey to Christmas, this invitation provides an opportunity to learn about our first disciple, Mary. The one who said YES to the most incredible invitation. To be Jesus' mother, and God's chosen one. I'll be back and would love to see you all there too.

Everyday there are invitations we choose to accept or decline. Inevitably the choice is ours, and whatever choice is perfectly acceptable. I guess reflecting this week, I just wonder whether choices are based on our own agenda or Gods? I wonder if we trusted in God's plan more would we take more risks? And, I wonder if you will choose to accept the invitation extended to you today?

I trust you have all found joy this week,

Lauren Considine



Resilience Project

Eithne King



Dear Parents & Carers,

This week, we were very excited to be able to officially start The Resilience Project with our children. During remote learning we were able to lead the children through some simple activities in the areas of Gratitude, Empathy and Mindfulness, but we can now deliver a more in depth learning experience with the children back onsite.

We were also due to hold a parent evening back in April, which was then rescheduled a few times, with our final decision being that it will be held next year. We will keep you informed of when this will be.

I have attached some frequently asked questions about the program, which we encourage you to read.

Please don't hesitate to contact me for any further clarifications about the project.



The Resilience Project – Parent and carer FAQ (1).pdf

sleep body
mad set
love stay physical
mental
resilience
goal attitude
connected
health healthy

Isabella. Resilience is the ability to cope when things go wrong.
Bouncing back after difficult times. Dealing with challenges and still holding your head up.
Giving things a go or trying your best.

Courage.

Strong.

Confidence.

Emotional
health.

Leadership.

Awareness

**Bouncing
Back.**

Strength.

Justice.

Optimistic.

**Holding
your head
up high.**

Society.

Change

Capability

Positive.

Talking Emotion
Sharing

breath

Mental

Positivity

moment

Physical

Healthy



Library News



Dear Parents,

Welcome back Everyone! We are so excited to have students back at school and back to being able to immerse themselves in the Library once again.

In the first half of this term, students in all levels will be preparing for Book Week, to be held in the week of the 2nd of November, culminating in our parade on Friday 6th November. Our theme this year is, 'Curious Creatures, Wild Minds'.

You may like to begin brainstorming with your children about some book characters who are curious, who are interesting creatures or who show imagination. There will be more details about this exciting event in the weeks to come.

All students will be able to return to borrowing books from the Library this term, so if your child has any books at home, please return them to school as soon as possible, along with their Library bags. Normal borrowing rules will apply - students will need their Holy Family

Library Bag to borrow books - we will not be able to lend recycled plastic bags. Also, borrowing limits will apply, so it is important students return any books they may still have at home from Term One!

Thank you for always supporting your child to have a love of reading and continue to become amazing readers.

Happy reading.

Susan Gleeson and Sarah Cuskelly.



Minds that Matter

PARENT TIPS

1. Consult the guidelines below about what is appropriate screen time for your child.
2. Think about what you are modelling to your child.

Research shows that parents who spend more time on their phones are more likely to have children who also have heavy phone use. Make sure that you are modelling balanced screen time (particularly if you are working from home) by taking regular breaks, having set screen free times (such as dinner and before bed) and continuing to engage in exercise and other activities.

3. What is your child doing on screens - socialising, gaming or homework?

During the pandemic, children are much more reliant on screens for socialisation including social websites but also gaming. Consider adjusting your expectations about screen time to accommodate for this but be clear about what this will look like when children return to school and usual activities.

4. Is screen time impacting sleep, meals, study, exercise or behaviour?

If any of these are impacted by screen time, it may be worthwhile looking at how your child is using screens and the amount of time spent on them. Remember, try to complete important activities (i.e. exercise, study) BEFORE children access screens or use it as a reward once usual activities have been completed. Avoid screens at least 1-hour before bed time and avoid children using screens in their bedrooms as this can affect sleep quality.

GUIDELINES

THE AUSTRALIAN NATIONAL PHYSICAL ACTIVITY AND SEDENTARY GUIDELINES

[HTTPS://AUSTPARENTS.EDU.AU/
WP-CONTENT/UPLOADS/2019/03/
SCREENTIME.PDF](https://austparents.edu.au/wp-content/uploads/2019/03/SCREENTIME.PDF)

THE DEPARTMENT OF HEALTH

[https://www1.health.gov.au/internet/
publications/publishing.nsf/Content/
gug-indig-hb~inactivity](https://www1.health.gov.au/internet/publications/publishing.nsf/Content/gug-indig-hb~inactivity)

THE WORLD HEALTH ORGANIZATION

[https://www.who.int/news-room/
detail/24-04-2019-to-grow-up-
healthy-children-need-to-sit-less-
and-play-more](https://www.who.int/news-room/detail/24-04-2019-to-grow-up-healthy-children-need-to-sit-less-and-play-more)

OTHER RESOURCES

THE AMERICAN ACADEMY OF PAEDIATRICS: MEDIA AND CHILDREN COMMUNICATION TOOLKIT

[https://www.aap.org/en-us/advocacy-and-policy/aap-health-
initiatives/Pages/Media-and-Children.aspx](https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Pages/Media-and-Children.aspx)

RAISING CHILDREN

[https://raisingchildren.net.au/toddlers/play-learning/screen-
time-media/screen-time](https://raisingchildren.net.au/toddlers/play-learning/screen-time-media/screen-time)

MURDOCH CHILDRENS RESEARCH INSTITUTE

[HTTPS://WWW.MCRI.EDU.AU/USERS/MURDOCH-CHILDRENS-MEDIA/BLOG/
HOW-MUCH-TOO-MUCH-SCREEN-TIME](https://www.mcRI.edu.au/users/murdoch-childrens-media/blog/how-much-too-much-screen-time)

NEED SUPPORT?

IF YOU OR YOUR CHILD WOULD LIKE SUPPORT, PLEASE SPEAK TO THE WELL BEING COORDINATOR AT YOUR SCHOOL FOR A PARENT PACK OR CONTACT US AT ENQUIRIES@MINDSTHATMATTERPSYCHOLOGY.COM.AU OR

0435 910 447.

WWW.MINDSTHATMATTERPSYCHOLOGY.COM.AU

OTHER SERVICES: BEYOND BLUE 1300 22 46 36

KIDS HELPLINE 1800 55 1800



ICON

Integrated Catholic Online Network

After many years of development and discussion with Catholic Education, it is Holy Family's turn to switch to ICON. During the time of offsite learning Julie and the administration team, have spent many hours collating and transferring data to the ICON system. There have been some hiccups, and we are currently working with the ICON team to finalise the transfer. Sarah and Lyn have been away from the office training in the new system. Thank you to Monika, Trish, and Tina for stepping in and looking after the office.

You will not notice many changes in the way correspondence is sent to you, however, your school accounts will look different. School accounts will be emailed to you, and not sent home with your child.

We are excited to finally be part of ICON, and as we continue on the journey we will keep you updated on any changes that will affect the way communication is made to you.

Please call the office if you have any questions regarding the transition to ICON.



AWARD WINNERS

Awards

Prep CS

Daniel Z For your amazing expression and fluency when reading! We are so proud of you.

Naomi Perera- For all your dedication and creativity during remote learning. It's been great to see all of your dances and hear all of your songs.

Prep J

Zoe F for always putting up your hand during remote learning and sharing your wonderful ideas with the Preps! We are so proud of you!

Kaden T for adding in detail to your Writing and always giving everything a go! You are a star!

1/2 G

Xavier Newell for outstanding work throughout the week.

Luca S for showing perseverance and resilience this week.

1/2WK

Samantha B- for showing amazing enthusiasm with all learning tasks and during Class Meets.

Mikael L- for always greeting the class with such a happy and bright smile. What a fabulous way to start a day of learning!

1/2SY

Micah - For constantly focussing on your remote learning and contributing to class meets

Brooke- For taking part in class meet conversations

1/2D

Nuvée - incredible reading skills

Jedd Compton - working hard to improve all areas of his learning

3/4L

Cameron Lloyd - for fantastic efforts in his Reading! I am so proud!

Alyssa Poldrugovac - for maintaining a positive attitude towards her learning!

3/4S

Suhani Singh - for your dedicated and organised attitude to remote learning! Well done!

Will Brooks-Gay - for your fabulous work and effort with your online tasks during remote learning.

3/4D

Inez- for having the confidence to share your answers more often! Well done Inez!

Christian- for your wonderful attitude and always giving your best effort to all your learning.

3/4 AG

Irene Katsioni - Working really hard and improving Reading and comprehension skills during remote learning.

Seth Jansen - Working hard to complete tasks and contributing well in Google Meets during remote learning and willingness to help others when needed.

3/4M

Joshua Jiang - for always trying your best and completing all tasks!

Whole class - every morning all of you entered the Google Meet with a big smile on your face.

Well done on always staying positive and trying your best during Remote learning. Well done!

5/6 BW

Jesse Gosal for his commitment to completing set tasks to the best of his ability and his dedication to remote learning.

Zara Tran for her application to and full participation in all class activities.

5/6D

Hannah Howard- For her thoughtful contributions to our class discussions. Hannah is always engaged and is willing to share her invaluable insights to all. Thanks Hannah!

To the whole 5/6D class- Thank you to each and every one of you for your tireless efforts throughout remote learning. You are all amazing and should be very proud of yourselves!

5/6B

Serena Bryant - for maintaining a positive attitude throughout Remote Learning

Alex Diosi - for showing great persistence and determination towards his learning.

5/6 PW

Angelina Dine — for working with your friend and making a special presentation for each member of the class during home learning.

Alarna Tully — for working with your friend and making a special presentation for each member of the class during home learning.



Ritchies Communnity Benefit Program

Exciting News!

Our Fundraising Partner Ritchies IGA, are launching their new Ritchies Card, incorporating the Community Benefit Program and this will not only benefit our organisation, but also all our members.

The program now has an App for both IOS and Android smart devices. For those members who don't have a smart phone, or would like a physical card, this option is also available and can be linked to the App.

Every month, **Holy Family School** will receive 0.5%* of our members' spend in Ritchies Stores PLUS our members will receive special offers and member only specials via the App.

*T&C's apply see <https://www.ritchies.com.au/ritchiescardterms>

Featuring monthly promotions, cheaper prices for you, Collect and Win, as well as games and lots more fun things to do, this is a great opportunity to support our club.

You can download the Apps by scanning the QR codes below - or search for Ritchies in the Apple App Store or Google Play.

We look forward to your support,
Holy Family
Parents and Friends Committee

We are excited to announce that the Ritchies Community Benefit Program will be launched at Ritchies Stores* on Wednesday October 14th.

*Excluding Fishers

What is the Ritchies Community Benefit Card program?

Customers of Ritchies can **nominate** a club, school or charity to be the recipient of a monthly payment from Ritchies, based on a percentage of the total purchased by those customers. Customers simply join the program (there is no cost to the customer) and scan the barcode on their physical card or App each time they purchase goods at any of our participating stores.

The Ritchies Community Benefit Program is an easy way to raise funds **at no cost** to your organisation. Your organisation may wish to use these funds for a project, to purchase supplies or equipment, or anything else you may require.

To register as a beneficiary of the Ritchies Loyalty Card Program, go to www.ritchies.com.au/recipient

Once you have successfully registered all you now need to do is encourage ALL your members and supporters to:

- Download the Ritchies App, or pick up a Ritchies Card in store
- Nominate **YOUR** organisation as the beneficiary
- Shop at Ritchies whereby 0.5% of their purchases* will go to your organisation

*See terms and conditions on the website www.ritchies.com.au/ritchiescardterms

The more members and supporters who register and then shop and use the card or App, the more dollars YOUR organisation will potentially receive.

To get your members and supporters to register and nominate YOUR organisation, we encourage you to spread the word through Facebook, your website, other digital channels, newsletters, meetings and events.

Ritchies has paid in excess of 50 million dollars, in support of hundreds of local clubs, schools and charities over the past 27 years.

We look forward to receiving your registration soon.

Any enquires can be emailed to loyalty@ritchies.com.au

Yours sincerely,

RITCHIES PTY LTD

Penny Sayer

Community Benefit Co-ordinator.





Community News

RETURN TO SCHOOL
TERM 4 (OCT 12)
GET THEM READY

**OR**

DELIVERY **CLICK & COLLECT**

[**START HERE**](#)

PSW 

RETURN TO S
TERM 4 (O
GET THEM R

**OR**

DELIVERY **CLICK & COLLECT**

[**START HERE**](#)

PSW 